



## Good Friday:

### Stop, look and listen

*On Good Friday Jesus said very little, but there was something to see. Immobilized in his hands and feet on the cross he was making all things new.*

*All stand as the priests prostrate themselves before the altar.*

#### **Prayer**

Lord, by his suffering on the cross,  
your Son, Jesus Christ,  
gave us the life giving mystery of your love.  
In your goodness watch over us always,  
for he lives and reigns with you in the unity of  
the Holy Spirit,  
one God, now and forever. Amen

#### **Reading from Isaiah 52:13-53:12**

**Psalm 30** **The response is:** Father, into your hands I commend my spirit.

#### **Hymn O sacred head**

O sacred head surrounded  
by crown of piercing thorn!  
O bleeding head, so wounded,  
reviled and put to scorn!

Death's pallid hue comes o'er thee,  
the glow of life decays,  
yet angel hosts adore thee  
and tremble as they gaze.

In this, thy bitter passion,  
good shepherd, think on me.  
With thy most sweet compassion,  
unworthy though I be:  
beneath thy cross abiding  
for ever would I rest,  
in thy dear love confiding,  
and with thy presence blest.

#### **The reading of the Passion from John**

*In the reading the part **C** or **Crowd** is read by the congregation. At the words 'and bowing his head he gave up the spirit' all kneel and pause for a moment.*

**Narrator:** The passion of Our Lord Jesus Christ according to John.

Jesus went out with his disciples across the Kidron valley to a place where there was a garden, which he and his disciples entered. Now Judas, who betrayed him, also knew the place, because Jesus often met there with his disciples. So Judas brought a detachment of soldiers together with police from the chief priests and the Pharisees, and they came there with lanterns and torches and weapons. Then Jesus, knowing all that was to happen to him, came forward and asked them,

**Jesus:** Who are you looking for?

**N:** They answered,

**All** Jesus of Nazareth.

**N:** Jesus replied,

**J:** I am he.

**N:** Judas, who betrayed him, was standing with them. When Jesus said to them, 'I am he,' they stepped back and fell to the ground. Again he asked them,

**J:** Who are you looking for?

**N:** And they said,

**All** Jesus of Nazareth.

**N:** Jesus answered,

**J:** I told you that I am he. So if you are looking for me, let these men go.

**N:** This was to fulfil the word that he had spoken, 'I did not lose a single one of those whom you gave me.' Then Simon Peter, who had a sword, drew it, struck the high priest's slave, and cut off his right ear. The slave's name was Malchus. Jesus said to Peter,

**J:** Put your sword back into its sheath. Am I not to drink the cup that the Father has given me?

**N:** So the soldiers, their officer, and the Jewish police arrested Jesus and bound him. First they took him to Annas, who was the father-in-law of Caiaphas, the high priest that year. Caiaphas was the one who had advised the Jews that it was better to have one person die for the people. Simon Peter and another disciple followed Jesus. Since that disciple was known to the high priest, he went with Jesus into the courtyard of the high priest, but Peter was standing outside at the gate. So the other disciple, who was known to the high priest, went out, spoke to the woman who guarded the gate, and brought Peter in. The woman said to Peter,

**Other:** You are not also one of this man's disciples, are you?

**N:** Peter said,

**O:** I am not.

**N:** Now the slaves and the police had made a charcoal fire because it was cold, and they were standing around it and warming themselves. Peter also was standing with them and warming himself. Then the high priest questioned Jesus about his disciples and about his teaching. Jesus answered,

**J:** I have spoken openly to the world; I have always taught in synagogues and in the temple, where all the Jews come together. I have said nothing in secret. Why do you ask me? Ask those who heard what I said to them; they know what I said.

**N:** When he had said this, one of the police standing nearby struck Jesus on the face, saying,

**O:** Is that how you answer the high priest?

**N:** Jesus answered,

**J:** If I have spoken wrongly, testify to the wrong. But if I have spoken rightly, why do you strike me?

**N:** Then Annas sent him bound to Caiaphas the high priest. Now Simon Peter was standing and warming himself. They asked him,

**All** You are not also one of his disciples, are you?

**N:** Peter denied it and said,

**O:** I am not.

**N:** One of the slaves of the high priest, a relative of the man whose ear Peter had cut off, asked,

**O:** Did I not see you in the garden with him?

**N:** Again Peter denied it, and at that moment the cock crowed. Then they took Jesus from Caiaphas to Pilate's headquarters. It was early in the morning. They themselves did not enter the headquarters, so as to avoid ritual defilement and to be able to eat the Passover. So Pilate went out to them and said,

**O:** What accusation do you bring against this man?

**N:** They answered,

**All** If this man were not a criminal, we would not have handed him over to you.

**N:** Pilate said to them,

**O:** Take him yourselves and judge him according to your law.

**N:** The Jews replied,

**All** We are not permitted to put anyone to death.

**N:** (This was to fulfil what Jesus had said when he indicated the kind of death he was to die.) Then Pilate entered the headquarters again, summoned Jesus, and asked him,

**O:** Are you the King of the Jews?

**N:** Jesus answered,

**J:** Do you ask this on your own, or did others tell you about me?

**N:** Pilate replied,

**O:** I am not a Jew, am I? Your own nation and the chief priests have handed you over to me. What have you done?

**N:** Jesus answered,

**J:** My kingdom is not from this world. If my kingdom were from this world, my followers would be fighting to keep me from being handed over to the Jews. But as it is, my kingdom is not from here.

**N:** Pilate asked him,

**O:** So you are a king?

**N:** Jesus answered,

**J:** You say that I am a king. For this I was born, and for this I came into the world, to testify to the truth. Everyone who belongs to the truth listens to my voice.

**N:** Pilate asked him,

**O:** What is truth?

**N:** After he had said this, he went out to the Jews again and told them,

**O:** I find no case against him. But you have a custom that I release someone for you at the Passover. Do you want me to release for you the King of the Jews?

**N:** They shouted in reply,

**All** Not this man, but Barabbas!

**N:** Now Barabbas was a bandit. Then Pilate took Jesus and had him flogged. And the soldiers wove a crown of thorns and put it on his head, and they dressed him in a purple robe. They kept coming up to him, saying,

**All** Hail, King of the Jews!

**N:** and striking him on the face. Pilate went out again and said to them,

**O:** Look, I am bringing him out to you to let you know that I find no case against him.

**N:** So Jesus came out, wearing the crown of thorns and the purple robe. Pilate said to them,

**O:** Here is the man!

**N:** When the chief priests and the police saw him, they shouted,

**All** Crucify him! Crucify him!

**N:** Pilate said to them,

**O:** Take him yourselves and crucify him; I find no case against him.

**N:** The Jews answered him,

**All** We have a law, and according to that law he ought to die because he has claimed to be the Son of God.

**N:** Now when Pilate heard this, he was more afraid than ever. He entered his headquarters again and asked Jesus,

**O:** Where are you from?

**N:** But Jesus gave him no answer. Pilate therefore said to him,

**O:** Do you refuse to speak to me? Do you not know that I have power to release you, and power to crucify you?

**N:** Jesus answered him,

**J:** You would have no power over me unless it had been given you from above; therefore the one who handed me over to you is guilty of a greater sin.

**N:** From then on Pilate tried to release him, but the Jews cried out,

**All** If you release this man, you are no friend of the emperor. Everyone who claims to be a king sets himself against the emperor.

**N:** When Pilate heard these words, he brought Jesus outside and sat on the judge's bench at a place called The Stone Pavement, or in Hebrew Gabbatha. Now it was the day of Preparation for the Passover; and it was about noon. Pilate said to the Jews,

**O:** Here is your King!

**N:** They cried out,

**All** Away with him! Away with him! Crucify him!

**N:** Pilate asked them,

**O:** Shall I crucify your King?

**N:** The chief priests answered,

**All** We have no king but the emperor.

**N:** Then he handed him over to them to be crucified. So they took Jesus; and carrying the cross by himself, he went out to what is called The Place of the Skull, which in Hebrew is called Golgotha. There they crucified him, and with him two others, one on either side, with Jesus between them. Pilate also had an inscription written and put

on the cross. It read, 'Jesus of Nazareth, the King of the Jews.' Many of the Jews read this inscription, because the place where Jesus was crucified was near the city; and it was written in Hebrew, in Latin, and in Greek. Then the chief priests of the Jews said to Pilate,

**All** Do not write, 'The King of the Jews,' but, 'This man said, I am King of the Jews.'

**N:** Pilate answered,

**O:** What I have written I have written.

**N:** When the soldiers had crucified Jesus, they took his clothes and divided them into four parts, one for each soldier. They also took his tunic; now the tunic was seamless, woven in one piece from the top. So they said to one another,

**All** Let us not tear it, but cast lots for it to see who will get it.

**N:** This was to fulfil what the scripture says, 'They divided my clothes among themselves, and for my clothing they cast lots.' And that is what the soldiers did. Meanwhile, standing near the cross of Jesus were his mother, and his mother's sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother and the disciple whom he loved standing beside her, he said to his mother,

**J:** Woman, here is your son.

**N:** Then he said to the disciple,

**J:** Here is your mother.

**N:** And from that hour the disciple took her into his own home. After this, when Jesus knew that all was now finished, he said (in order to fulfil the scripture),

**J:** I am thirsty.

**N:** A jar full of sour wine was standing there. So they put a sponge full of the wine on a branch of hyssop and held it to his mouth. When Jesus had received the wine, he said,

**J:** It is finished.

**N:** Then he bowed his head and gave up his spirit.

**After a short pause, the Narrator continues**

**N:** Since it was the day of Preparation, the Jews did not want the bodies left on the cross during the Sabbath, especially because that Sabbath was a day of great solemnity. So they asked Pilate to have the legs of the crucified men broken and the bodies removed. Then the soldiers came and broke the legs of the first and of the other who had been crucified with him. But when they came to Jesus and saw that he was already dead, they did not break his legs. Instead, one of the soldiers pierced his side with a spear, and at once blood and water came out. (He who saw this has testified so that you also may believe. His testimony is true, and he knows that he tells the truth.) These things occurred so that the scripture might be fulfilled, 'None of his bones shall be broken.' And again another passage of scripture says, 'They will look on the one whom they have pierced.' After these things, Joseph of Arimathea, who was a disciple of Jesus, though a secret one because of his fear of the Jews, asked Pilate to let him take away the body of Jesus. Pilate gave him permission; so he came and removed his body. Nicodemus, who had at first come to Jesus by night, also came, bringing a mixture of myrrh and aloes, weighing about a hundred pounds. They took the body of Jesus and wrapped it with the spices in linen cloths, according to the burial custom of the Jews. Now there was a garden in the place where he was crucified, and in the garden there was a new tomb in which no one had ever been laid. And so, because it was the Jewish day of Preparation, and the tomb was nearby, they laid Jesus there.

### **Sermon**

#### ***All stand for the prayers***

#### **Hymn**

There is a green hill far away,  
outside a city wall,  
where our dear Lord was crucified  
who died to save us all.  
We may not know, we cannot tell,  
what pains he had to bear,  
but we believe it was for us  
he hung and suffered there.

He died that we might be forgiven,  
he died to make us good,  
that we might go at last to heaven,  
saved by his precious blood.

There was no other good enough  
to pay the price of sin,  
he only could unlock the gate  
of heaven and let us in.

O dearly, dearly has he loved!  
And we must love him too,  
and trust in his redeeming blood,  
and try his works to do.

*After this hymn the crucifix is brought to the east of the church: this is where the light of the rising sun and the deepest darkness join together.*

*On his journey to the east the priest will stop three times and sing the following:*

‘This is the wood of the cross, on which  
hung the saviour of the world.’

**All respond: Come, let us worship.**

**The veneration of the cross.** *This is an Act and demonstration of love and adoration. The kissing of the cross is a sign of love and reverence for our Lord’s Passion.*

**The Prayer of Spiritual Communion**

*In our common unity with all creation and in Christ we make our spiritual communion using the following prayers:*

My Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. I embrace you there, and unite myself wholly to you. Never allow me to be separated from you. Amen.

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O Good Jesus, hear me.  
Within Thy wounds hide me.  
Suffer me not to be separated from thee.  
From the malignant enemy defend me.  
In the hour of my death call me.  
And bid me come unto Thee,

That with all Thy saints,  
I may praise thee forever and ever. Amen.

**Hymn during communion:**

When I survey the wondrous cross  
on which the Prince of Glory died,  
my richest gain I count but loss,  
and pour contempt on all my pride.

Forbid it, Lord, that I should boast,  
save in the cross of Christ, my God:  
all the vain things that charm me most,  
I sacrifice them to his blood.

See, from his head, his hands, his feet,  
sorrow and love flow mingled down!  
Did e'er such love and sorrow meet,  
or thorns compose so rich a crown?

Were the whole realm of nature mine,  
that were an offering far too small;  
love so amazing, so divine,  
demands my soul, my life, my all.

**Blessing**

**Music: Jesus remember me, when you come into your kingdom**



*All leave in silence*

The Prayer of St Richard of Chichester  
Thanks be to thee, my lord, Jesus Christ,  
for all the benefits that thou hast given me;  
for all the pains and insults thou hast borne  
for me.  
O, most merciful redeemer, friend and  
brother,  
may I know thee more clearly;  
love thee more dearly;  
and follow thee more nearly. Amen

