

## ***The Prayer of Spiritual Communion***

My Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. I embrace you there, and unite myself wholly to you. Never allow me to be separated from you. Amen.

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O Good Jesus, hear me.

Within Thy wounds hide me.

Suffer me not to be separated from thee.

From the malignant enemy defend me.

In the hour of my death call me.

And bid me come unto Thee,

That with all Thy saints,

I may praise thee

Forever and ever.

Amen.